



We're offering two showings:

January 8, 2020 **AND** January 27, 2020  
(snow date 1/22/20) (snow date 2/10/20)

Eastern Region Office (4950 Medical Center Circle, Allentown)  
5:15-5:45 p.m. registration/"movie food" ♦ 5:45-7:45 p.m. workshop

Are you watching kids scroll through life, with their rapid-fire thumbs and a six-second attention span? Physician and filmmaker Delaney Ruston saw that with her own kids and learned that the average kid spends 6.5 hours a day looking at screens. She wondered about the impact of all this time and about the friction occurring in homes and schools around negotiating screen time—friction she knew all too well.

In *SCREENAGERS*, as with her award-winning documentaries on mental health, Delaney takes a deeply personal approach as she probes into the vulnerable corners of family life, including her own, to explore struggles over social media, video games, academics and internet addiction. Through poignant, and unexpectedly funny stories, along with surprising insights from authors, psychologists, and brain scientists, *SCREENAGERS* reveals how tech time impacts kids' development and offers solutions on how adults can empower kids to best navigate the digital world and find balance.



--- Synopsis from [www.screenagersmovie.com](http://www.screenagersmovie.com)

**Join us for this special showing.**  
**Following the film, there will be a facilitated discussion.**


**\*Paraprofessionals**, if taking this workshop for the hours, it is recommended that you obtain pre-approval from your employer to ensure the hours will be accepted.

**Members with teaching certificate**, if you provide your PPID #, you will receive 2 Act 48 hours for this workshop.

**Register by January 2 (for 1/8/20) and by January 20 (for 1/27/20)**

Register online ([www.psea.org/er/rcpe](http://www.psea.org/er/rcpe)),  
by phone (610-391-0835), or by e-mail ([e-rgn@psea.org](mailto:e-rgn@psea.org)).

**Pre-registration is required.**



**2-hour  
workshop**