



How To Use Your Strengths:

Be a Strengths-Finder in a Virtual World *

Presented by: Cori Fecho, PSEA UniServ Representative

October 15, 2020 ♦ Via Zoom
4:30 – 6:30 p.m. workshop

Every person has a tremendous amount of attributes that are stronger than others. As we try to be the best and most effective in our workplaces, we call upon these strengths and try to improve on areas that we find don't come as naturally. But as we meet obstacles in the workplace and life, our strengths do not always allow ourselves to be our best self through a situation. In this current educational setting that is more virtual than live, we may be finding even less ways to truly showcase our strengths as we teach.



This session will focus on identifying the core areas that come naturally for us and the ones that do not. We will then delve into what research is saying will allow us to maximize our strength areas to use them appropriately while building on areas that do not shine as brightly. In addition, this session will focus on how to be a strengths finder in order to have another way to engage with students in this difficult learning environment. All of this will allow us to work towards greater happiness and effectiveness in our workplace.

***Paraprofessionals**, if taking this workshop for the hours, it is recommended that you obtain pre-approval from your employer to ensure the hours will be accepted.

Members with teaching certificate, if you provide your PPID #, you will receive 2 Act 48 hours for this workshop.



Pre-registration is required.
RSVP no later than October 12, 2020

(online at www.psea.org/er or email to e-rgn@psea.org)

Several days before your session, you will receive a confirmation email containing Zoom information for the workshop.

