



Are you watching kids scroll through life, with their rapid-fire thumbs and a six-second attention span? Physician and filmmaker Delaney Ruston saw that with her own kids and learned that the average kid spends 6.5 hours a day looking at screens. She wondered about the impact of all this time and about the friction occurring in homes and schools around negotiating screen time—friction she knew all too well.

In *SCREENAGERS*, as with her award-winning documentaries on mental health, Delaney takes a deeply personal approach as she probes into the vulnerable corners of family life, including her own, to explore struggles over social media, video games, academics and internet addiction. Through poignant, and unexpectedly funny stories, along with surprising insights from authors, psychologists, and brain scientists, *SCREENAGERS* reveals how tech time impacts kids' development and offers solutions on how adults can empower kids to best navigate the digital world and find balance.



--- Synopsis from [www.screenagersmovie.com](http://www.screenagersmovie.com)

**Earn 2 hours by** (1) viewing the film any day, any time between October 15 and October 22, and  
(2) participating in the facilitated discussion via Zoom.

**You must fully participate in both activities; partial hours are not provided.**

- When?**
- (1) October 15-22, 2020 — any day, any time  
(view film at your convenience with unique link provided in confirmation email)
  - (2) October 22, 2020 — 6:00-7:00 p.m.  
(participate in facilitated discussion via Zoom)

**\*Paraprofessionals**, if taking this workshop for the hours, it is recommended that you obtain pre-approval from your employer to ensure the hours will be accepted.

**Members with teaching certificate**, if you provide your PPID #, you will receive 2 Act 48 hours for this workshop.

**Pre-registration is required; space is limited.**

**Register no later than October 13, 2020!**  
(online at [www.psea.org/er](http://www.psea.org/er) or email to [e-rgn@psea.org](mailto:e-rgn@psea.org))

The week prior to the discussion, you will receive a confirmation email containing  
(1) your unique link to view the film (between October 15 through 22), and  
(2) Zoom information for the facilitated discussion being held October 22.